



SSC Challenge

“Nothing Can Hold Me Back!”

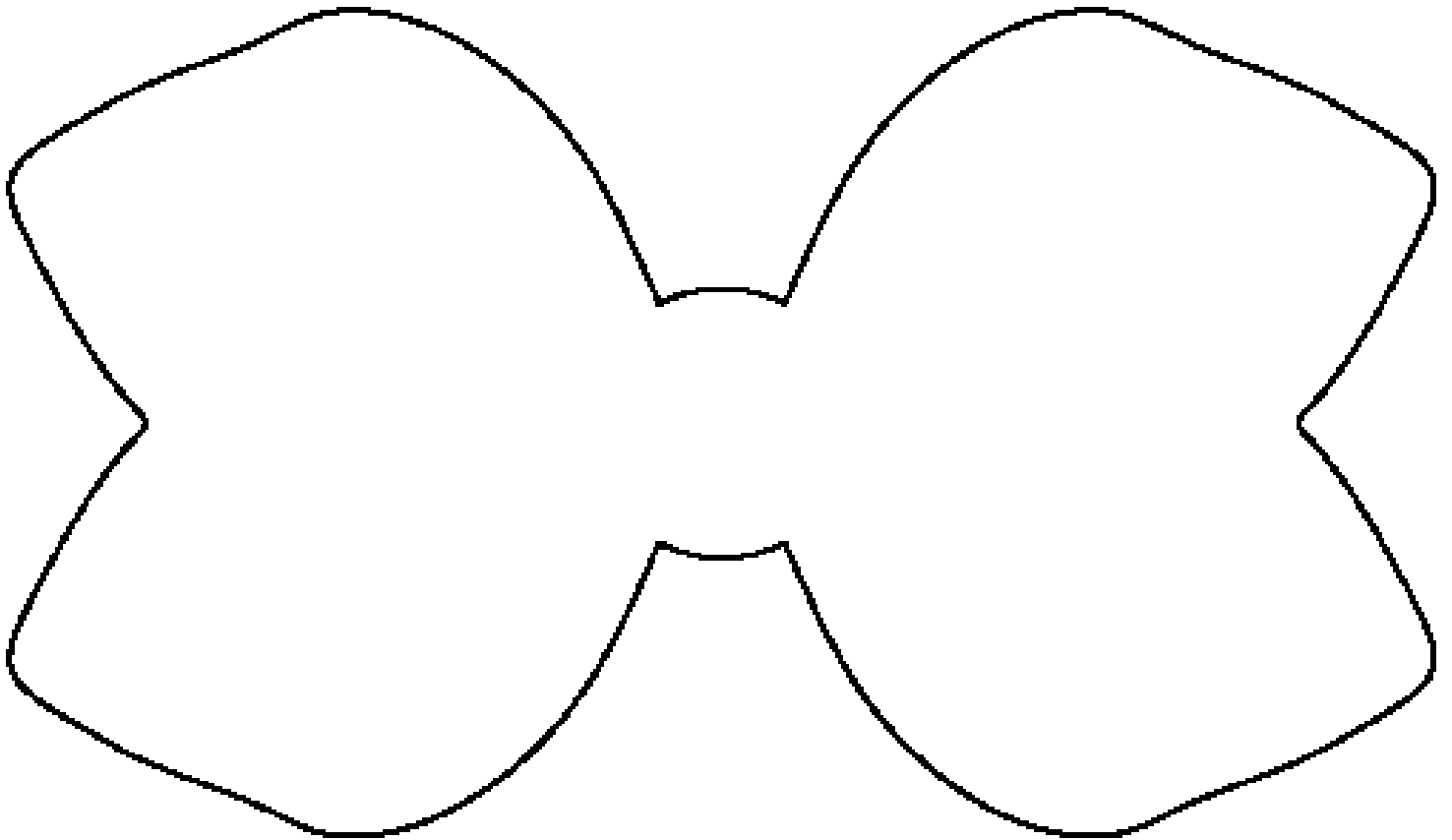
How it works: Each day you will have a virtual/Social media challenge. Each time you complete the task for that day and post a photo or video to the SSC private facebook page you receive an entry into a weekly drawing for “Bow Babe” of the week. The winner of “Bow Babe” will be able to submit a drawing of a bow they would like to have made. Coach Destiny and Coach Brook will try their best to make your drawing come to life! Everyone who participates in this challenge will receive a letter in the mail from SSC with a token gift and an invitation to participate in our new at home program.

Date	Challenge	Challenge completed and submitted on facebook by parent
Monday March 23	Tell us what you have been doing for the last week with no practice ☺	
Tuesday March 24	Post your favorite cheer picture from this season	
Wednesday March 25	Show us a picture of you completing some school work ;)	
Thursday March 26	Post a video of you doing your dance from your routine	
Friday March 27	Are you reading a book? What is your favorite book?	
Saturday March 28	What does SSC pride mean to you?	
Sunday March 29	Play a board game	
Bow Babe Drawing		
Monday March 30	Take a picture of you wearing Silver State swag and bow	
Tuesday March 31	Complete the name conditioning challenge on our SSC Facebook page	
Wednesday April 1	Show us your favorite tumbling skill	
Thursday April 2	Write a letter or draw a picture for your Big/Little and post it	
Friday April 3	What was your favorite comp this year and why?	
Saturday April 4	Clean your room and post a picture when its done!	
Sunday April 5	Have you reached a cheer goal this year? Tell us about it!	
Bow Babe Drawing		
Monday April 6	Do a chore without being asked	
Tuesday April 7	Take your team with you on a walk or run	
Wednesday April 8	Tell us why you like cheer and what your favorite part is	
Thursday April 9	Show us what you are doing to keep your strength up	
Friday April 10	Send a video of you marking your entire routine	
Saturday April 11	Find a conditioning challenge you would like to share with our gym	
Sunday April 12	Tell us if you are excited to go back to school on the 13 th ?	
Bow Babe Drawing		

Bow Babe

Of the week

Winner!!!



Design your bow here

Name _____ Team _____